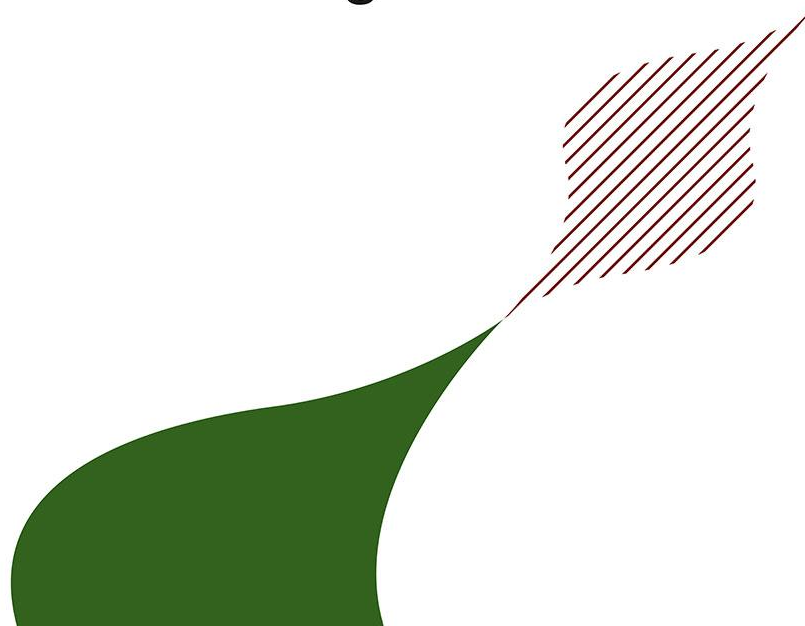
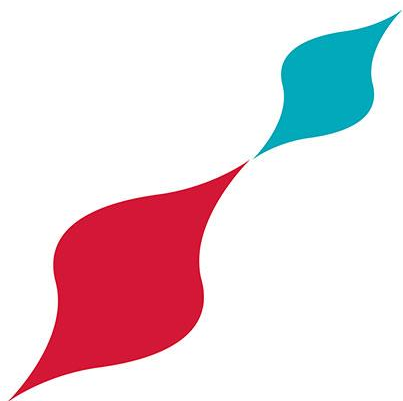




# Linköping

Där idéer blir verklighet



# Avspark

## ”Kick-off”



**Linköping**  
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# Avspark

The target group are "Neets"  
Youths Not in Education,  
Employment or Training



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# The programme

We mix group activities with  
individuell discussions, study  
visits and fun activities



# Estimated time

4 weeks of group activities

4 weeks with trainee activities



# The objectives

The participants will:

Strengthen their self-esteem

Self-insight

Hope and inspiration

Empower and "tool up" the youths for their choices in life



**Linköping**  
Där idéer blir verklighet

# The main objective

The participant youths will get the possibility to establish them self in the labour market or go to education

# The three main parts

Labour market education

Health

Motivation





# The method 7-tjugo (7- twenty)

Display personal capacity  
Show social agenda  
Individual empowerment

