



MODD

- ✓ ***Motivation***
- ✓ ***Omvärld = The world around***
- ✓ ***Delaktighet = Participation***
- ✓ ***Demokrati = Democracy***

ESF-FUNDING 2012 – 2014: ”MODD”

Objectives

- Create **motivation** and courage/fortitude by feeling needed
- Increase young people’s network
- Increased health
- Promote **participation** in **democratic** processes

Mainstreaming

- Participation in the project is based on needs, not on diagnoses
- Positive approach
- Focus on activities
- **Culture – nature** (as a method)
- Entrepreneurship/ social enterprising
- The European perspective
- Transnational exchanges: young people, staff and politicians
- Non formal learning
- ”Stretch your comfortzon”

Volume

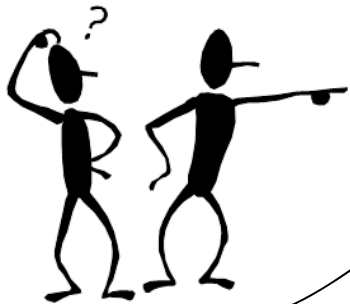
- New groups every 8th week
- 20 participants /group
- Project participation: 24 weeks
- 100 participants 16 -30 years
- Two project mentors each step

MODD

Local

National

Transnational



You can do it!



We can do it!



I can do it!

You can do it! (8 weeks)

Goals Step 1:

Definition of individual goal – "day 1 week 25"

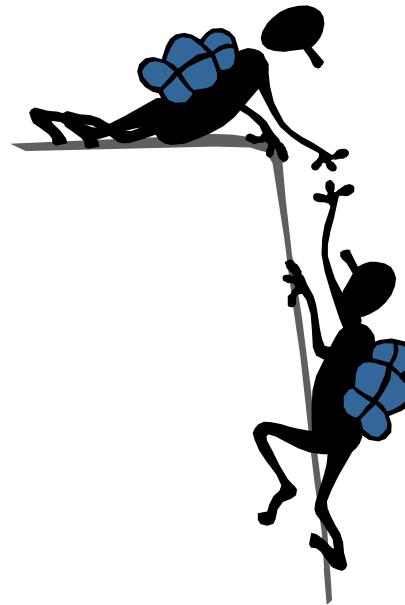
- Team building - for motivation and fortitude
- Meeting different alternatives
- A local perspective – associations, local enterprise (private and public), role models
- Health assessment (KASAM) through practical activities
- Project mentor

Individual development: Self assessment

Learning: Introducing the key competences and the "Youthpass" process

Graduation step 1

Local challenge



We can do it ! (8 weeks)

Goals Step 2: Action plan towards the individual goal

- Voluntary service – to be needed
- Complementary support – increased network
- Plan – carry out – evaluate/present national exchange

Graduation step 2

National challenge

Presentation according to individual choice



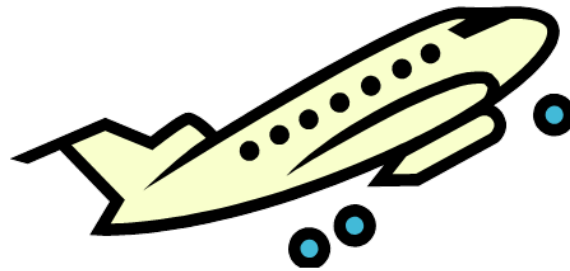
I can do it! (8 weeks)

Goal step 3: Be ready for the next step – moving on

- Intensified contact with associations and workplaces Trainee places and internship
- Plan – carry out – evaluate/present transnational exchange
- Recognition of non-formal learning by self- assessment "Youthpass"

Final graduation

Transnational challenge



Presentation

GRADUATION DAY!

Keywords before MODD

SAD

FORCED

APATHETIC

SKEPTICAL

ALONE

WORTHLESS

FRAGILE

UNJUSTIFIED

RESTLESS

Keywords after MODD

MOTIVATED

SELF PROPELLED

REWARDED

DREAMS

BELIVES

EDUCATION

FUTURE

POSITIVE

AWAKE

Life Skills

Caring
To feel concern for others.



Common Sense



To think it through.

Cooperation



To work together toward a common goal or purpose.

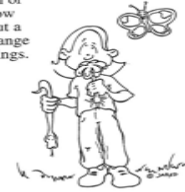
Courage

The quality of mind that enables one to face danger or hardship with confidence.



Curiosity

A desire to learn or know about a full range of things.



Effort

To try your hardest.



Flexibility

The ability to alter plans when necessary.



Friendship

To make and keep a friend through mutual trust and caring.



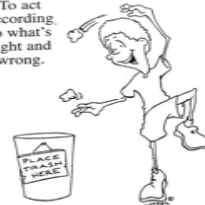
Initiative

To do something because it needs to be done.



Integrity

To act according to what's right and wrong.



Organization

To plan, arrange and implement in an orderly way.



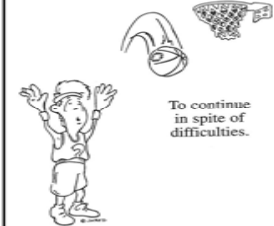
Patience

To wait calmly for someone for something.



Perseverance

To continue in spite of difficulties.



Pride

Satisfaction from doing your personal best.



Problem Solving

To seek solutions in difficult situations.



Responsibility

To be accountable for your actions.



Sense of Humor

To laugh and be playful without hurting others.



